



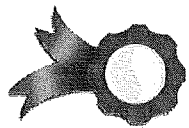
Join MHA at
www.mhavanderburgh.org

Mental Health Awareness Month Coloring & Essay Contest

One entry per child.
Must have parent or guardian's permission to enter. All entries become the property of MHA.

\$25 Cash Prize for each of six categories

Award Ceremony at Children's Museum of Evansville
C Moe-22 SE 5th St, Evansville, IN
Thursday, May 5, 2011 at 6:00 p.m.



Entries must be received by April 18 and can be returned to your school secretary or mailed to :
Mental Health America
PO Box 3207
Evansville, IN 47731

Call MHA at 426-2640 for info on support groups for youth grief, anxiety, bipolar, and survivors of suicide.

Thank you Sponsors



Name/Age _____

Address _____

School/Grade _____

Parent/Guardian Signature _____

Phone/Contact Info _____

Category (circle one): Kindergarten/1st/2nd Grade

3rd/4th/5th Grade

6th/7th/8th Grade

9th/10th/11th/12th Grade



(Essay only)
(Essay only)

BEAT STRESS!



Essay: On a separate sheet of paper, describe how you tackle a stressful day or event and how it affects you and others around you.

Guidelines for essay -

Kindergarten – 5th Grades: 250 words or less

6th-12th Grades: 500 words or less



JUNIOR MENTAL HEALTH ASSOCIATION

By Shelby-JMHA